

Fruits

SICILIAN MEDLARS



Ref: NES-01

Italian name: Nespole Siciliane

Weight order: 4-5 kg

Description: The fruit has been cultivated since Roman times. Their taste has been described as sweetly tart, similar to apricot or mango. - See more at:

Serving suggestion: Once bletted, the fruit can be eaten raw, and are often eaten as a dessert, for example with cheese or tarts, or used to make medlar jelly and wine. Another dish is "medlar cheese", which is similar to lemon curd, being made with the fruit pulp, eggs, and butter.