

*Fresh Vegetable*  
**VALERIAN**



Ref: SPH-04

Italian name: Valeriana

Weight order: 1 kg per case

Description: Valerian is a perennial flowering plant, with heads of sweetly scented pink or white flowers that bloom in the summer months. Used since Middle Age to perfume recipes.

Season: all year round

Serving suggestion: To perfume fishes and semolina