

Fresh Vegetable

MILD GREEN PEPPERS



Ref: PEP-04

Italian name: Peperone cornetto verde

Weight order: 3-4 kg

Description: Look like elongated bell peppers; they are thin-walled and tapered at the end. They taste somewhat similar to a bell pepper as well. They are sweet and mild

Season: Summer

Serving suggestion: Peppers are most often eaten sautéed or fried in oil. In Italy, they are added to casseroles and pizzas. Roast the Italian green peppers whole, without seeding or coring. After lightly roasting, they can be added to sandwiches or salads. Stuff roasted peppers with meats and cheeses for a main dish.